

Ganohkwásra⁷ FAMILY ASSAULT SUPPORT SERVICES Annual Community Report 2020-2021 AND 2021-2022

Letter to the Community

FROM THE BOARD OF DIRECTORS, CHAIR:

On behalf of the Board of Directors of Ganohkwásra⁷ Family Assault Support Services, I would like to reflect on a year of-strength and resilience in the face of unprecedented challenges.

It was a struggle to recall the 2020 – 2021 fiscal year because by that time the COVID-19 pandemic had fully impacted this part of the world. This report will highlight the growth and achievements of Ganohkwásra⁷, and not focus solely on the pandemic. However, the reaction of the management, staff and most importantly, Ganohkwásra⁷ residents and clients needs to be emphasized. Some say it was a time when the world stopped. In many aspects it may have seemed that way, but the reality is that the need to end violence and provide safety and protection to our community members did not stop.

Resiliency is defined as "an ability to recover from or adjust easily to adversity or change." Executive Director, Sandra Montour, and the Management team immediately responded to the pandemic and created organizational guidelines to stop the spread of the virus and protect the residents, clients, and staff. Representatives from Six Nations Public Health provided a tremendous amount of support, advice, and education on COVID-19 prevention practices. The World Health Organization (WHO) was also an invaluable information resource.

The Ganohkwásra⁷ team also modelled resiliency and dedication to their clients, colleagues and to their employer. Some staff members were reassigned to other units, such as Shelter, to help where there was a great need for staffing. Their determination, passion and outside the box creativity provided a safe space for those fleeing violence during a time that warranted even more safety measures.

Ganohkwásra⁷ is an essential service and our doors remained open during the pandemic. The Shelter and Youth Lodge continued to run at a lower occupancy rate to allow for social distancing and ensure a safe environment for both residents and staff.

Community Counselling and the Sonhatsi:wa Sexual Violence Healing Centre continued counselling throughout the pandemic. Some clients were reached by phone and others were counselled over Zoom. When the weather cooperated, private outdoor sessions were provided while following COVID-19 protocols.

The camp component of the Egodinigohahniyoh Youth Family Violence Prevention Program, available to youth ages 14 to 19, was postponed and eventually cancelled. Thanks to the dedicated Facilitators, the teachings that were to be presented at the camp retreat were delivered over the phone individually with each youth participant, which resulted in 7 graduates.

The Oha^{*}hi:yo Indigenous Partner Assault Response (PAR) Program Winter Spring 2020 session saw perhaps the most pandemic related interruptions. Before Zoom became a household name, telephone sessions and eventually Zoom sessions were provided to counsel the participants and ensure they graduated. The Oha^{*}hi:yo Facilitators were so determined to complete the Winter Spring 2020 session that they personally delivered program materials and meals to the group members. Despite all these challenges, 7 graduates were able to successfully complete the program!

The Youth Lodge, which is a licensed Children's Mental Health Facility, received a long overdue renovation and expansion, which is featured within this booklet. The tradesmen were compliant with COVID-19 safety precautions, and the Youth Lodge residents and staff were very flexible and accommodating to ensure the safety of everyone. Niawen:kowa (many thanks) to the Youth Lodge staff for continually providing safe outdoor activities and programming for the youth during this transformation of their "Home on Turtle Island."

Every year I make a point to acknowledge the courage it takes each individual to reach out to Ganohkwásra⁷. I can only imagine that it must have taken a great deal more determination to contact Ganohkwásra⁷ during the COVID-19 pandemic. To be committed enough to fleeing violence and heal while facing immense uncertainty is indeed brave.

Our dedicated, compassionate staff are here for you 24 hour a day, 7 days a week.

Nia:weh,

Marythonthones

Mary Monture, Ganohkwásra^{*} Board of Directors, Chair

Section 1

Ganohkwásra' Family Assault Support Services 2020–2021 Annual Community Report

Ganohkwásra' Board of Directors as March 31, 2021



Mary Monture: Chairperson Wanda Smith: Vice Chairperson Michelle Davey: Treasurer

Lance Logan-Keye Dave Smoke Brody Thomas

Claudette Mitten Melba Thomas: Six Nations Elected Council Representative Evan Sault: Mississaugas of the Credit Band Council Representative

Ratirihwaienté:ri Elders Circle

Alice Bomberry Do

Dorothy Russell-Patterson

Lillian Montour

The Ratirihwaienté:ri Elders Circle are former Board members. The Mohawk phrase means, "They know the Business, Issues, Matters." Some are founding members of Ganohkwasra, who were on the Original Steering Committee. They are the history holders, who now guide the Board of Directors and staff to uphold Our Values.

From Our Executive Director



Ganohkwásra⁷ Staff:

May we always remember how our team pulled together to provide important services to our people during a global pandemic. The role you played to keep our people safe during this past year will go down in Ganohkwásra⁷ history!

I can not thank you enough for loving our community as you do!

Sken:nen kenhak! (May there be peace) Etho nenyontonhak nonkwa'nikonra (So let it be in our minds)

Sandra Montour

OUR VISION

With Ganohkwásra⁷ (love among us) we bury our weapons of violence to create a safe and caring community for all generations.



To provide, through a non-profit organization, for the stabilization, maintenance, revitalization, and enhancement of the family structure in a safe and culturally sensitive manner.

OUR

MISSION

We, as a community, affirm respect for our traditional roles as O nkw ehon :w e women, men and children and uphold the principals of the centrality of the family within our society.

Recognizing the existence and devastation of family violence and sexual assault, we accept the responsibility to support victims in time of crisis: to provide shelter, support, and counselling.

OUR PHILOSOPHY

We are all born with ganikw i:yo (a good mind) and interconnectedness, therefore everything we need to end violence is within us.

WE BELIEVE In being respectful, caring, and accountable for our own actions. In self evaluation in all aspects of our organization. All living things deserve respect and have purpose. In a holistic approach. Safety is paramount for a healthy existence. In the power of choice. In inclusiveness of the whole family/community. Everyone has the right to service. Traditions and culture play a vital role. In sharing our Onkwehon we approach with everyone. In living our lives purposefully. In life-long learning. In protecting Mother Earth.

WE UTILIZE

Keepers of traditional knowledge. To maintain our cultural integrity. Various traditional and alternative approaches. The strengths, knowledge and skills of clients, staff, Volunteers, Board, funders, and community. Technology and various resources to support our organization. Ethically based practices. Available funding sources. Policies and procedures. Open and active respectful communication. Community partners.

WE

Risk management accountability from many sources. Safety in all situations. The effectiveness of our programs and service delivery. Community trends, i.e. addictions, mental health, etc.



Sonhatsí:wa Sexual Violence Healing Centre



RECEIVED THE ATTORNEY GENERAL'S VICTIM SERVICES AWARD OF DISTINCTION 2020 - 2021



The Sexual Assault Centre of Brant, invaluable supporters and mentors, nominated Sonhastí:wa for this honour.

A plaque that reads, "The Attorney General proudly recognizes Sonhasti:wa for exceptional achievements in service" was provided to the team. Sonhatsi:wa is a phrase in the Mohawk language referring to "Becoming Your True Self".

The Sonhatsi:wa Sexual Violence Healing Centre opened its doors in 2018 and provides holistic counselling based on

Onkwehon:we (Original Beings) teachings that integrate the mind, body and spirit.

Sonhatsi:wa offers Adult Counselling and Child and Youth Counselling in a private, calming environment.

Sonhastí:wa also provides Community Education on Sexual Violence topics, such as Types of Abuse, Safety Planning, Healthy and Unhealthy Relationships, Self-Esteem, Boundaries and more.



MMIWGMB2S "NO MORE STOLEN SISTERS"

Throughout this report you will see images of Ganohkwásra⁷ FASS staff wearing a black mask with a red handprint on it. The Red Handprint over the mouth represents the violence towards Indigenous women, girls, men, and boys. These images are to show our support with the continued awakening and awareness of MMIWGBM. Together, with Love Among Us, we can make the world a safer place for Indigenous peoples today, tomorrow, and for the many generations yet to come.



Youth Lodge: My Home On Turtle Island



RECIPIENT OF THE SIX NATIONS OF THE GRAND RIVER DEVELOPMENT CORPORATION 2020 COMMUNITY INVESTMENT

The Six Nations of the Grand River Development Corporation provided funding for a long overdue renovation and expansion to the Youth Lodge. Ganohkwásra⁷ has affectionately named the Youth Lodge Tsi Tionkwatention A⁷non:wara Rason:ne, a Mohawk phrase that means "My Home on Turtle Island."

The Youth Lodge is co-ed, 8 Bed Licenced Child and Youth Mental Health facility that provides service to at-risk Indigenous Youth between the ages of 12 and 18.

Ganohkwasra⁷ acquired the responsibility of this vital community service in 2001. Over the years, some aspects of the dated building had fallen into

poor condition.

The dining room, living room and main office were expanded. An additional bedroom was added. The upstairs bedroom was renovated, turning it into two single bedrooms. At the time of planning, the COVID-19 pandemic was unforeseen. However, these renovations came just in time to provide extra space for social distancing!

In addition to cosmetic upgrades, such as new flooring, underutilized space was transformed into two new, much needed staff offices and the new Youth Lodge Navigator waiting room. This room enables the Youth Lodge Counsellors to facilitate family meetings, complete intakes with a larger group as well as provide a space

for one-on-one counselling.

Safer windows have been added to the upstairs bedrooms, and upgrades to the fire escapes were also included in the second-floor renovations. The additional bedrooms provide a single dwelling space for each resident, which fosters respect and independence. The elimination of shared bedrooms also greatly mitigates risk and improves the mental wellness of the residents.

A new backyard deck has been added. In this private area staff are able to have one-on-one counselling sessions with residents on the patio.

Niawen:kowa to the Six Nations of the Grand River Development Corporation for ongoing support!







Tsi Tionkwatention A'non:wara Rason:ne



The Youth Lodge staff did an amazing job of keeping the residents occupied during the extensive renovation project. They found creative ways to provide outdoor recreation in the winter, during a pandemic! The Youth Lodge residents were able to enjoy tobogganing, outdoor skating, hiking at various conservation areas and a visit to an Alpaca Farm.

Youth Lodge First Responders Dinner



The Youth Lodge and the Six Nations Police have always understood the importance of relationship when it comes to the youth that we work with. Over the years the gap between the two agencies grew and, in the Fall of 2019, we held our first dinner for the Six Nations Police.

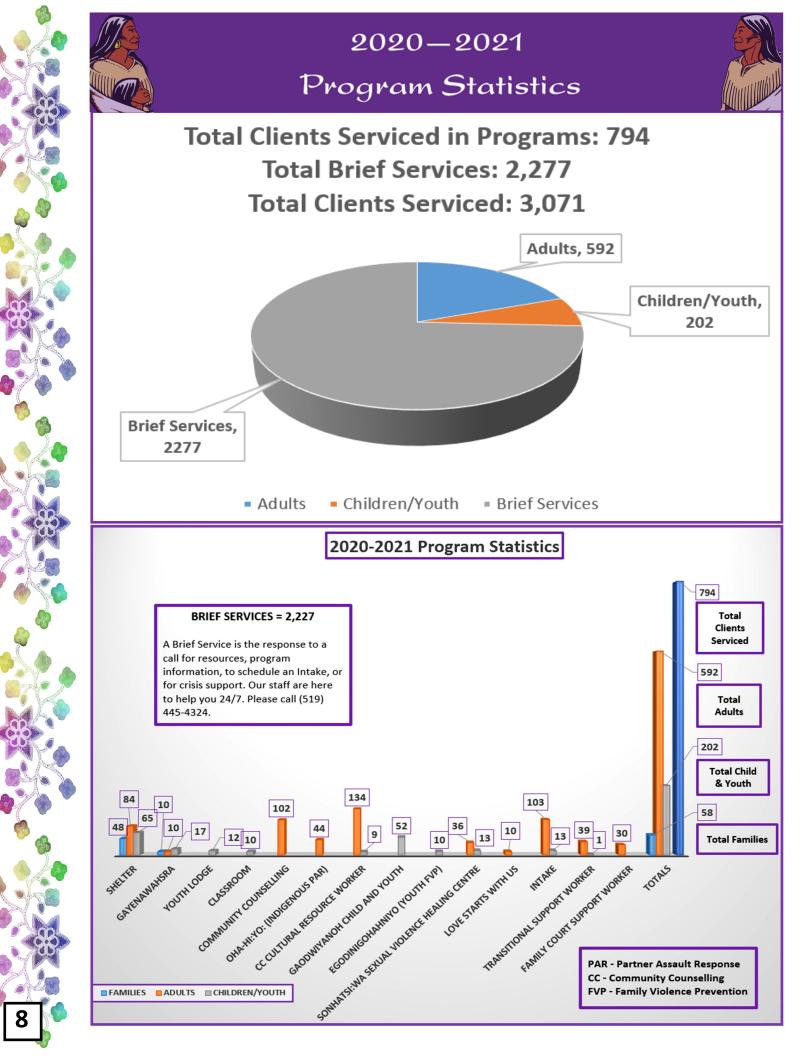
The approach was very successful with bi-weekly home cooked meals being offered to on and off duty Constables.

The initiative grew and relationships between Constables, the youth and Youth Lodge staff flourished. Mentorships were formed between the youth and Constables. Excitement amongst the youth with the arrival of the Constables, game nights on the gaming systems as well as games nights on the basketball court, and rides in the cruisers became a regular event. These dinners were very well received and the goal of creating trust of the Police was quickly achieved. The success was proven when the Youth Lodge residents would run to the Constables and their cruisers instead of running away from them.

The dinners were eventually opened up to all Six Nations First Responders, and are well attended by Six Nations Police, Fire Fighters and Paramedics.

Depending on the pandemic Alert Level in the community at the time, the dinners evolved into take out dinners and socially distanced events.

Trust, mutual respect and positive relationships have been formed by the First Responder Dinners. The Six Nations First Responders look forward to these events as well!



Be Aware Take Care Packages

In July 2020, pandemic care packages were delivered to over 2000 Six Nations households. The 'Be Aware - Take Care' packages consisted of hand sewn face masks, promotional items, hand sanitizer, COVID-19 educational materials and inspirational messages.

Most of the face masks were donated, and some were sewn by staff members. Each kit was assembled and distributed with gloved hands. A team of Ganohkwásra⁷ employees hand delivered the packages over the course of two days. The 'Be Aware Take Care' kits were sent to all Six Nations mail boxes, Elder housing, Six Nations Community Living

residences and most homes in Ohsweken.



Photo: Dr Susan Turner, Ally of Ganohkwásra⁷ Julia Bomberry, Ganohkwásra⁷ Manager of Therapeutic Services

"Doing my more in-depth work was where I needed more support and feeling that connection and sense of safety with my counsellor – so I could share my whole truth with them."

Deyǫgwadawęnye: Anti Human Trafficking Unit



ANTI-HUMAN TRAFFICKING PROGRAM

Human Trafficking/Sexual Exploitation The recruitment, transportation, harbouring and/or exercising control or influence over the movements of a person in order to exploit that person, typically through sexual exploitation or forced labor. Deyogwadawenye: is a Cayuga phrase meaning "We Are All Travelling Together". Ganohkwásra⁷'s newest unit, located at 36 Sunrise Court, provides counselling, awareness, advocacy and most importantly, prevention tips and education on Human Trafficking.

The Anti-Human Trafficking Unit launched on April 1, 2021.

Deyogwadawenye: officially opened the doors of its newly renovated unit in May 2021.

Ganohkwásra⁷ has been creating awareness and education on the topic of Human Trafficking for many years. Our Gaodwiyá:noh Child & Youth Counsellors are all experienced Counsellors.

The Anti-Human Trafficking Unit is funded by the Ministry of Community, Children and Social Services (MCCSS) under the Gaodwiyá:noh Child and Youth umbrella.

Human Trafficking is happening in our community and in the surrounding areas. Ganohkwásra⁷ employees are trained to recognize potential signs or indicators of Human Trafficking activity.

If you feel you may be, or suspect someone is being solicited for Human Trafficking, or for more information, please call 519-445-4324. Anti-Human Trafficking Counsellors or Community Educator/ Youth Mentor will be happy to speak with you.

Cultural Resource Workers



In October 2020, the Cultural Resource Workers assisted a Child and Youth Counsellor with the Traditional Games Day, promoting wellness via traditional games.

During the early days of the pandemic, the Lead Cultural Resource Worker partnered with the Community Education team to promote wellness, healing and Cultural Teachings. They provided uplifting segments on Social Media and facilitated Lunch and Learn Cultural Teaching presentations to staff through Zoom.

The Lead Cultural Resource Worker participates in the Annual Two Row on the Grand Paddle, providing Ganohonyohk (Opening Address), teachings on traditional songs, peace, friendship and respect. The Cultural Resource Worker team provided Traditional Teachings to the Gayenawáhsra⁷ Next Step Program residents and their families, the Oha⁷hi:yo Indigenous Partner

Assault Response (PAR) group, and to staff as well! The Section 23 Classroom students highly anticipated the Cultural Teachings and were very engaged.

The Cultural Resource workers, each with their own areas of expertise, provide teachings about Traditional Medicines, education and support with Ceremonies, Haudenosaunee arts and crafts, and much more. One of the Cultural Resource Workers has a vast knowledge of plants and Traditional Medicines, and had a small greenhouse built at the Youth Lodge to house them. In 2018 Ganohkwásra⁷ employed the first full time Cultural Resource Worker. This much needed position was extremely well received by residents and clients and quickly found himself in high demand! Client and training evaluations speak volumes to the importance of the Cultural Resource Worker, which is the support most mentioned and appreciated.

The request for Traditional Teachings and programming support from the Cultural Resource Worker was in fact so high, that a team of Cultural Resource Workers was formed. One was dedicated to Shelter and one worked solely with the Youth Lodge residents, however the Lead Cultural Resource Worker and the team worked closely together to support the whole organization.







End of Summer Staff BBQ



After 6 months of working through a pandemic and adapting to countless changes in the workplace, the Ganohkwásra⁷ team was treated to an End of Summer Barbeque.

The catered meals were placed in individual packaging and enjoyed while social distancing. At the request of the Board of Directors, a special treat was provided to the staff members to thank them for their hard work and dedication.

For a team that was used to gathering, eating together and celebrating organizational milestones and achievements, it was very difficult to adjust to the isolation the pandemic generated. The 2020 End of Summer Barbeque was a much needed, much appreciated event for the Ganohkwásra⁷ team.

"I truly believe Ganohkwásra⁷ did an excellent job in being a part of my healing journey. I felt safe with my counsellor out at events, she was my voice when I didn't have a voice

2020 Awareness and Events 2021



RBC

Q Designs Nova Vita **Patricia Hill Susan Turner TAP Resources Barb Tremblay Michele Brown Rhonda Baker Angela Cremasco Claire Turner Reid Deborah Metrakos Metrakos Family Turtle Island Lacrosse Carney Elijah Foundation Aboriginal Shelters of Ontario KT Tobacco Gas & Convenience**

Guelph Mask Squad: Joanne Ware, Sylvia Keefe, Rite Bosma, June Jones, Martina McQuade, Frances Hammond, Sandi G, ES

Guelph COVID Sewists: Jenn Fisher, Jennifer Cameron **Anne-Marie**

Carolyn Pletsch





Thank-you for helping to spread Ganohkwasra (love among us) last year!









Alie Speers Rogers Canada Hydro One Jim Miller

Alice Bomberry **Chris Andrews Brantford Eve Care Garlow Baptist Church Six Nations Food Bank** Mr. & Mrs. Bill Powless **Darlene Isaacs-Downey Janet McIntyre, Sewers CUPE Local 164 of Welland** The New You Caledonia Haldimand-Norfolk-Brant **Shoe Box Project** Lori Ivanco Group, Caledonia **Local Co-Ordinator** Haldimand/Norfolk & Brant

Scott Penwarden for Port Colborne/Welland Shriners Club

Chris & Terry Francoer

Digital Lifelines for Ontario Women in Crisis

Bristowe: Brie Worgan, Kathy Zigby, Alice Meems, Debbie Peppercline, Joclyn Gordan, Mary Eleanor, **Darlene Horsither,** Melissa Downey, Bibi Al

And Many More... Our sincerest apology if we missed your name/organization. Nya:weh and we appreciate you all!



In Memory

In 2020 our organization and our community lost two amazing ladies, Shirley Farmer and Elizabeth Williams.

Both Shirley and Elizabeth maintained active roles within Ganohkwásra⁷ FASS for many years. Shirley was a founding member of Ganohkwásra⁷. Both ladies served on our Board of Directors and then transitioned to Ratirihwaienté:ri Elders Circle.

We will always remember Shirley and Liz for their ongoing commitment in the community to end violence, and their foundation within Ganǫhkwásra⁷.

Shirley

Farmer

1932 - 2020



Elizabeth Williams 1937 - 2020

CLIENT TESTIMONIALS MMIWGMB:

"It was good to know that I wasn't going crazy, with all the different feelings and emotions that were inside of me".

"I am grateful that I stepped through the doors, I've tried counselling before but I never experienced this kind of embracement."

"It takes compassion, love and understanding to work in our community and to bring wellness. I feel my counsellor has shown me that and intern I learned to love myself."

"You helped me feel welcomed, very compassionate and there was no judgement. You always followed up with me, even if I didn't make it to session – you followed up with me."

"I learned how to be aware of my grief and looking at things in a different way, picked up tools along the way to help me and knowing I feel more grounded today then a year ago when I started the program."

"The most rewarding experience was knowing that I didn't have to marry my emotional pain and knowing there is a healthier way to deal with the Mental / Physical / Emotional and Spiritual suffering."

Section 2

Ganohkwasra' Family Assault Support Services

2021-2022 Annual Community Report

Letter to the Community

FROM THE BOARD OF DIRECTORS, CHAIR:

Section 2 of this report will showcase some highlights of the 2021-2022 fiscal year. The dawning of this time, April 1, 2021, found Ganohkwásra⁷ Family Assault Support Services and the Six Nations community still navigating the challenges of the pandemic.

I would like to thank the Board of Directors, the Executive Director, the management team and all the staff who remained committed to ending violence in the community and demonstrated Ganohkwásra⁷, *Love Among Us* in so many ways. I would like to extend a special mention of gratitude to the Shelter staff, who worked through not only a pandemic, but also renovations, which are featured on page 19.

The Gaodwiyá:noh Child & Youth team is also featured within this section. Recognizing the need to reach individuals virtually to minimize the impacts on mental health due to isolation, this team was very creative in utilizing social media platforms during high peaks of COVID-19 restrictions when in person gatherings were limited.

Ganohkwásra⁷ has a strong social media presence. Upcoming events, education, inspirational messages, grounding techniques and more can be found on Facebook, Instagram, Twitter and TikTok. We also have a YouTube channel!

I am proud to be the Chairperson of the Board of Directors for this amazing organization. I commend the individuals who connect with our team and take the first step to fleeing violence and healing.

Nia:weh,

Maryhontine

Mary Monture, Ganohkwasra Board of Directors, Chair

	Ganohkwásra ⁷ Board of Directors, as at March 31, 2022:
e	Mary Monture, Chairperson
	Wanda Smith, Vice Chairperson
	Michelle Davey, Treasurer
e.	Melba Thomas, Six Nations Elected Council Representative
	Andrea King, Mississaugas of the Credit Elected Council Representative
	Lance Logan-Keye
	Dave Smoke
	Ganohkwásra ⁷ Ratirihwaienté:ri Elders Circle as at March 31, 2022:
	Alice Bomberry Dorothy Russell-Patterson
7	Lillian Montour Claudette Mitten

Shelter Renovations

The Shelter bedrooms were in need of renovations and new furniture, notably beds. Before the pandemic, some of the rooms had shared bathrooms. When residents needed to isolate, the practice of sharing a bathroom was no longer an option.

This safety measure unfortunately reduced the Bed Count from 24 to 8 for the majority of the 2020-2021 fiscal year.

While residents were in isolation, they were provided with meals and snacks, activities for the children, daily positive affirmations, and group programming material. Electronic devices to communicate, such as walkie talkies, cell phones and iPads were also supplied. The Shelter Counsellors also facilitated one on one counselling though creative, alternative means, such as over the phone, texting, and from outside the bedroom door.

Each Shelter bedroom was equipped with a Smart TV, which eliminated gathering in a common area during the

pandemic, and was helpful for residents in isolation.

During peak times of the pandemic, the Shelter staff ensured that programming and cultural teachings provided by the Cultural Resource Workers were facilitated over Zoom. The residents always found the traditional learning very grounding and enjoyable. **Feedback from residents:** "So informative, especially about the traditional ways of doing things with love and respect"; "Listening to the 'seed song' was beautiful."

In order to deliver the least disruption to the residents, the bedroom renovations required a lot of careful planning by Shelter staff. The upgrades were completed in stages, and residents were provided with finished rooms accordingly.

Renovations in all the bedrooms and bathrooms were completed in March 2022.



Pink Shirt Day 2022

Pink Shirt Day falls on the last Wednesday of February every year. Pink Shirt Day began in 2007 when a student in Nova Scotia was bullied for wearing a pink shirt to school. It has since been recognized annually worldwide as a day to stand against bullying.

Ganohkwasra Family Assault Support Services celebrated Pink Shirt Day on February 23, 2022 in a unique way. Specially made shirts featured local terminology and sayings that the youth in our community can relate to. The concept and the phrases were provided by the Gaodwiya:noh Child & Youth team. Clients, staff, and the Board of Directors were provided with a t-shirt in COVID-19 safe fashion. Also, a drive thru event was held the evening before to ensure that community members were prepared for Pink Shirt Day 2022. A hot meal and other promotional items were also provided to the drive thru participants.



Tsi Tionkwatention A⁷non:wara Rason:ne Youth Lodge & Gayenawáhsra⁷ Beautification Project

The beautification project was completed in the summer of 2021 and was inclusive of the Youth Lodge and Gayenawahsra. These aesthetic and functional enhancements have provided opportunities for traditional teachings outside around the fire pits, full moon ceremonies and other outdoor fun for families. This project has increased the outdoor programming and types of programing being delivered. A beautiful and welcoming space for residents has proven to add to the success of individuals in the programs by offering more opportunity.

The Youth Lodge has reaped the benefits of the garden that was planted and continue to learn about the importance of planting and the traditional teachings that go along with it. The Youth Lodge Cultural Resource worker provided the residents with *Seed Songs and Planting* ceremony, when the garden was planted.

The Gayenawahsra Next Step Program residents and staff enjoyed teachings from the Cultural Resource workers around the fire pit. The timing for this project couldn't have been better, as it allowed for safe, socially distanced outdoor gatherings during peak pandemic times.



Gaodwiyá:noh Child & Youth

Alternative Programming Initiatives

The Gaodwiyá:noh Child & Youth Program consists of the following:

Gaodwiyá:noh Child & Youth Counselling- Gaodwiyá:noh (Cayuga) "They Take Care of Them"

Egodinigohahniyoh Youth Family Violence Education—Egodinigohahniyoh (Cayuga) "They Will Have Strong Minds"

Deyogwadawenye: Anti-Human Trafficking Program-Deyogwadawenye: (Cayuga) "We Are All Travelling Together"

During the 2020-2021 fiscal year, the Gaodwiyá:noh team, like many other programs, experienced staffing challenges. Additionally, the second year of COVID-19 restrictions greatly impacted the delivery of services provided by Ganohkwasra Family Assault Support Services. The Gaodwiyá:noh team intertwined and worked together creatively to provide alternative counselling methods, presentations, contests and group programming.

Webinars such as *Self Esteem and Self Care* and *Why Every Child Matters* were created. Two *Moccasin Making Groups* where held virtually in January and March of 2022. The materials were delivered to the participants beforehand via porch drop off.

The Gaodwiyá:noh team also provided presentations to other service providers and to the community at large, such as:

Six Nations School Faculty, Engaging and Supporting Children and Youth Virtually

Six Nations Health Services, Modern Day Slavery: An Indigenous Perspective to Human Trafficking

Six Nations Community, How to Talk to Children and Youth About Residential Schools

One of the most well received and attended events was *Family Bingo Night*, which incorporated the Haudenosaunee languages. Due to the success of the first *Family Bingo Night* in April 2021, another one was brought back by popular demand in June 2021. Both events were hosted virtually. Nia:weh to the Gaodwiyá:noh Child & Youth team for planning and executing these family and community oriented events.

The second annual Youth Traditional Games Day was held in person on August 4, 2021. Ganohkwasra's Cultural Resource Workers, Youth Lodge staff and Gaodwiyá:noh Child & Youth Counsellors teamed up to host a day of sports and traditional games for youth where cultural teachings in respect to the games were shared.







Gayenawahsra' NEXT STEP PROGRAM

Gayenawáhsra⁷ is a Cayuga phrase meaning "Helping Ourselves."

The Gayenawáhsra' Next Step Program provides safe, temporary housing for families choosing to live independently and free of violence. Some families participate in the Gayenawáhsra' Next Step Program after having received immediate protection and stabilization during a stay in Shelter.

Along with one on one counselling, Transitional Support and Family Court Support, many forms of programming are provided to the Gayenawáhsra⁷ residents, with a focus on Life Skills, for which certificates are provided. Programming topics include budgeting, family violence prevention education, art therapy, yoga and nutrition and meal planning, with an emphasis on traditional Haudenosaunee nutrition.

During a Leadership component of the Life Skills programming, a resident led all the families in the making of corn bread. All the participants were provided with the ingredients and guided through the process. This event occurred during a peak pandemic period and was facilitated over Zoom! Afterwards, the families took their corn bread out on the porch to present their culinary feat.

In 2021, Gayenawáhsra⁷ programming incorporated the Value of the Month. Ganohkwasra's values can be found on page 21. Safety, Words of Encouragement and A Good Mind are examples of monthly values that were explored within Gayenawáhsra⁷ programming.

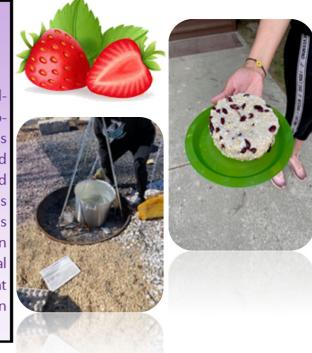
Like all the other residential programs, the Gayenawáhsra⁷ residents receive teachings from the Cultural Resource Workers, such as the Thanksgiving Address. All residents took turns reading through the Thanksgiving Address to open and close groups.

Gayenawahsra' programming always includes the children, while integrating activities that are relevant to the adult groups.

Summer Programming for

Children

During the summer of 2021, the Gayenawáhsra' team collaborated with Child Care staff from other programs to provide summer programming. A Child & Youth Assistant was then hired to assist with the demand for child care, and worked exclusively with the Gayenawáhsra' families. Child care was provided during the parents counselling sessions and while they participated in adult group activities, and was scheduled during times that best supported each family. In addition to a Family Barbeque for all residents and special family outings, the Gayenawáhsra' Child & Youth Assistant organized a Mini Social around the fire pit, in collaboration with the Cultural Resource Workers.



Cultural Teachings and Stories by the Gayenawahsra' Fire Pit

Strawberry Social and Celebration of Summer Solstice

Winter Solstice Program

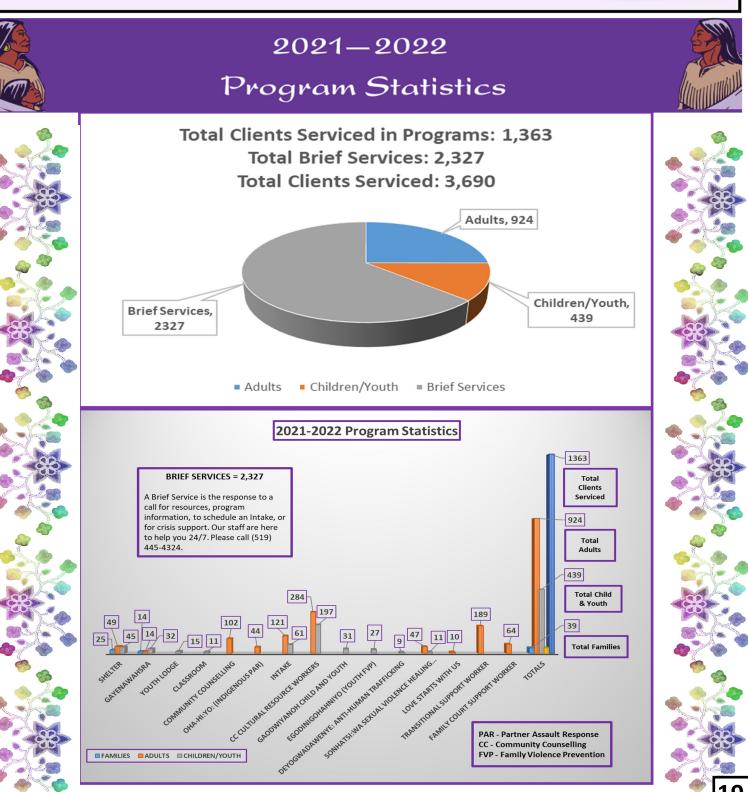
Halloween Celebration

Full Moon Ceremony

Every Child Matters Awareness, Rock Painting to Honour the children who did not make it home from Residential Schools

Cultural Resource Worker Highlight:

In April 2021, the Lead Cultural Resource Worker provided teachings on seeds via Zoom. All residents were provided with tobacco seeds, organic soil, and planting pots to plant at home.





Love Starts With Us (LSWU)

The Love Starts With Us program provides support to a core women's group, promoting community awareness of Murdered and Missing Indigenous Women, Girls, Men and Boys (MMIWGMB). The LSWU Coordinator/Counsellor also provides individual counselling to affected family members and specialized brief services to community members impacted by violence and/or murder.

LSWU 2021-2022 HIGHLIGHTS:

MMIWGMB Commemoration Drive-Thru Event—Annual Red Dress Vigil—October 4, 2021

First Annual "Day of Remembering" - October 29 to November 5, 2021. The memorial White Pine tree that was planted in loving memory of Paula Joy Martin, located in front of Ganohkwásra⁷, was lit up for 7 days to shed light on the issue of violence in our community as a tribute to our Triple Homicide families within our Six Nations community.

Every year this tree will be lit up for these 7 days to "remember" those we have lost to violence.

Build the Time Line Drop In—November 16, 20, 23 and 30, 2021— A time line was created so the community could visually see how many community member's lives have been lost to violence. Some of these murders did not happen in our Six Nations community but they are still our people, no matter where they lived or were found. This time line was also created so that these loved ones are never forgotten, hence the community was invited to help build the time line. There are some people who are not on this timeline because dates and information need to be confirmed with the families. Drop-in dates were held for our community to come forward and share their family's journey.

MMIWGMB Memorial Walk—February 14, 2022

HONOURING QUILT UNVEILING - APRIL 7, 2021

The Honouring Quilt was unveiled for the community to see on April 7, 2021 via Zoom. During the event the LSWU Group paid tribute to Aileen Joseph, who was one of the founding family members of the Six Nations MMIWG Group.



Aileen "Kanennakene" Joseph, October 5, 1941-April 29, 2021

Aileen, who was already active in creating MMIWG awareness, became involved in the Sisters in Spirit initiative at the Native Women's Association of Canada when a lifelong friend of her late daughter, Shelley, Beverly Jacobs, invited her to Ottawa in 2004.

She was a Matriarch in the MMIWG community and many family members called her "a second mom" of MMIWG across Turtle Island.

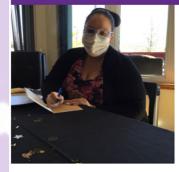
In 2015, Aileen became the first family member involved with the Embrace Her With Love support group with Ganohkwasra's Executive Director guiding the process, connecting with other families and encouraging them to become involved. Together they re-vamped the support group to what it is now today – Love Starts With Us.

Strong walls may shake, but they don't fall down. And always remember LOVE STARTS WITH US"- Aileen Joseph



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2021-2022 Awareness and Events



























Agwe:goh

godiy'ada:no



Condolences to the Family of Gina VanEvery

On behalf of Ganohkwasra Family Assault Support Services Staff and Board of Directors, we send our most sincere condolences to the family of Gina VanEvery who started her journey home on December 16, 2021.

Gina was Ganohkwasra's very first employee, hired in March of 1988 as the Women's Community Counsellor. She provided direct counselling and education to numerous community members while in that role, impacting the lives of many. Gina was one of the very first workers to educate our community about the impacts of family violence within our territory. We acknowledge Gina for her commitment and passion to end violence and abuse within our Six Nations community.

Gina eventually became the Manager, overseeing all Ganohkwasra programs and services. It was here where Gina guided, mentored and taught many Ganohkwasra staff members how to provide the best possible service to our people. Those of us who had the honour to learn from Gina still carry those precious 'Gina teachings' even today. Gina will forever hold an important place in the history of our organization.

We sincerely thank Gina's family, Tony, Courtney and David for sharing Gina with Ganohkwasra and the Six Nations community for all those years. May your numerous memories comfort you during this time.





OUR VALUES

LOVE AMONG US

Ganohkwásra^{*} (Cayuga Language)

Kanonhkwátshera (Mohawk Language)

Gahsqyaó:nyo⁷

(Cayuga Language)

Kahretsá:ron

(Mohawk Language)

SOFT KIND SUPPORTIVE WORDS

Awenhaóde: (Cayuga Language)

lowennaínetska (Mohawk Language)

WORDS OF ENCOURAGEMENT STRENGTH IN THE MIND

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Gahsháhsdehsra' (Cayuga Language)

Kaísasténsera (Mohawk Language)

INTEGRITY

Odrihwagwaíhso: (Cayuga Language)

Ioterihwakwaríhsion (Mohawk Language)

SAFETY

Esadatnígoha:k (Cayuga Language)

Ensatateínikonrárake (Mohawk Language)

FAMILY AND RELATIONSHIP

Senadedwadre:nyo gahwajiyagéhoh (Cayuga Language) Tsi naítetewatere kahwa tsi

rakéron (Mohawk Language)

DIVERSITY

Dewáhdihahnoh (Cayuga Language)

Tewattihá:nion (Mohawk Language)

A GOOD MIND

Ganigohíyo: (Cayuga Language)

Kaínikonhrí:io (Mohawk Language)

A GOOD ROAD

Ohahí:yo: (Cayuga Language)

Iohahí:io tsi sonhnhéties (Mohawk Language)

GIVING AND RECEIVING

Etsatgá⁷, Esye:ná: hní⁷ (Cayuga Language)

Entehsátkaítkaíwe táhnon entehshé:na (Mohawk Language)

RESPONSIBILITY

Ogwadrihwá:de (Cayuga Language)

Ionkwaterí:wate (Mohawk Language)

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We honour that there is goodness in everyone. Eventigonyóhs séh agwe:góh heyehá: oya:nré⁷ ganigohí:yo:. Eniethihretsáron akwékon kaínikonhríio enhatiháwake.

Ganohkwásra⁷ Family assault support services programs and services

MAIN RESIDENTIAL SHELTER Etiya⁷takenhas 'We are helping them' (Oneida)

COMMUNITY EDUCATION Agwadehye:sdanih 'We're teaching them' (Seneca)

SEXUAL VIOLENCE HEALING CENTRE Sonhatsí:wa 'Your true self' (Mohawk) YOUTH LODGE Tsi Tionkwatention A⁷non:wara Rason:ne 'My home on Turtle Island' (Mohawk)

YOUTH FAMILY VIOLENCE EDUCATION Egodinigohahniyoh 'They will have strong minds' (Cayuga)

ALTERNATIVE CLASSROOM Ratiweintéhta⁷s 'They are learning' (Mohawk) NEXT STEP PROGRAM Gayenawáhsra^{*} 'Helping ourselves' (Cayuga)

WOMEN'S COUNSELLING Ahsehsawa:doh 'New beginning' (Onondaga)

CHILD & YOUTH COUNSELLING Gaodwiyá:noh 'They take care of their own' (Cayuga)

TWITTER

GFASS

ANTI HUMAN-TRAFFICKING PROGRAM Deyogwadawenye: 'We are all travelling together' (Cayuga)

TRANSITIONAL & FAMILY COURT SUPPORT Gehéggoyena:wá's 'Helping straighten out your life' (Onondaga)



MEN'S COUNSELLING Saho⁷nikonrí:io⁷ne 'His mind, body, spirit are healed' (Mohawk)

INDIGENOUS PARTNER ASSAULT RESPONSE Oha⁷hi:yo 'Good road' (Cayuga)

LOVE STARTS WITH US: Group for Missing & Murdered Family Members & Survivors

SHELTER. COUNSELLING. SUPPORT. TO ACCESS OUR SERVICES

CALL US 24/7 519-445-4324

Website: www.ganohkwasra.com Facebook: Ganohkwasra Family Assault Support Services YouTube: GFASSGanohkwasra

Instagram: Ganohkwasra

Twitter: GFASS



EVERY CHILD MATTERS

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