

# NEWSLETTER

August , 2015



## Ganohkwásra'

Family Assault Support Services

### Inside this issue

<b>FVPT</b>	<b>1</b>
<b>Community Awareness</b>	<b>2</b>
<b>Elder Abuse Awareness</b>	<b>3</b>
<b>Golf Tournament</b>	<b>4</b>
<b>VTRA Training</b>	<b>5</b>
<b>Benefit Concert</b>	<b>6</b>
<b>#walk4change6nay</b>	<b>7</b>

Ganohkwásra' is a phrase in the Cayuga language meaning "Love Among Us."

Ganohkwásra' was chosen as the name for a family violence program for our community because it is the goal we seek for all families. It is through "love among us" that we, as a community, can put an end to family violence.

*Nothing can dim the light that shines from within.*  
~ Maya Angelou

### Mission

*"To provide, through a non-profit charitable organization, for the stabilization, maintenance, revitalization and enhancement of the family structure in a culturally sensitive manner."*

## Family Violence Prevention Training

Ganohkwásra's Family Violence Prevention training is a 30 hour community education program offered to any individual with an interest in traditional Onkwehonwe and/or contemporary mainstream approaches to helping and healing from the devastating effects of family violence. The training consists of the following nine sessions:

1. Introduction to Ganohkwásra/ History of Family Violence in First Nation Communities
2. Dynamics and Effects of Family Violence
3. Children and Youth Exposed to Family Violence

4. The Relationship of Substance Abuse and Family Violence
5. Elder Abuse
6. Sexual Abuse
7. Revitalizing the Family~Honouring our Men
8. Revitalizing the Family~Honouring our Women
9. Ending Family Violence and Celebration

This April, 40 participants increased their awareness of family violence through interactive experiences, videos, group work, lectures, discussion and self-reflection. Congratulations to a great group of committed individuals!

## Summer Sports Camp

On August 10-14 Ganohkwásra hosted a camp for children/youth aged 8-17 yrs. The camp provided opportunities for team-



(L-R: Johnny Powless, Awehiyo Thomas)

building, skill development, and fun. Outings included a trip to the Blue Jays game, Bingeman's Park, zip-lining as well as guest speakers that shared traditional knowledge.



Camp participants warming up with Johnny P

## Ganohkwásra' Staff

### ADMINISTRATION

- Executive Director
- Manager of Therapeutic Services
- Manager of Residential Services
- Office Manager
- Data Entry Finance Clerk
- Executive Assistant
- Community Educator
- Receptionist
- Cultural Worker
- Maintenance Worker
- Custodian Staff

### COMMUNITY COUNSELLING

- Community Counselling Supervisor
- Women Community Counsellors
- Mens Community Counsellor

### SHELTER

- Shelter Supervisor
- Shelter Counsellors
- Relief Staff
- Gayenawahsra Counsellors
- Gayenawahsra Child & Youth Counsellor

### YOUTH LODGE

- Youth Lodge Supervisor
- Child & Youth Counsellors
- Relief Staff
- Classroom Teacher
- Classroom Child & Youth Worker

### OUTREACH SERVICES

- Outreach Services Supervisor
- Intake Workers
- Transitional/Family Court Support Worker

## Community Awareness Week "Baloney Fest"

Another annual Community Awareness Event was undertaken with a great deal of success. A showcase for Six Nations Council departments, community organizations and businesses, the event allowed Ganohkwásra to continue its work of bringing education to the community about Family Violence, and present each of its programs and services with a fun and engaging twist.

Ganohkwásra' made history by hosting the first ever "Baloney Fest!" As our theme throughout the year has been 'Be the

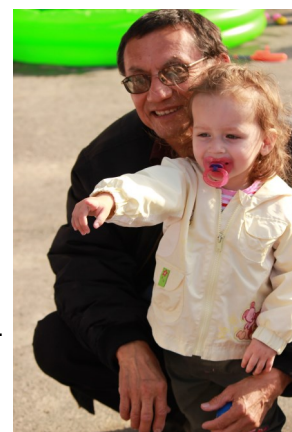


Some of Ganohkwásra staff, in front of our CAW banner "Be the Change"

Change' some of the booths reflected this in their creative approach to engaging community members. Community Counselling had people place their palm print on a banner and make a written commitment for Change. The Youth Lodge had folks make their own stress balls using balloons and flour. Outreach Programming used a fishing pond for young children to catch a fish, answer a question and win a prize. Our transitional housing, Gayenawahsra promoted families spending time together

during meals and provided small gift packs, recipes and a week's worth of affirmations for families to try. A passport was provided for visitors to collect

stamps at each booth and surrender fully stamped to the Community Education booth where they became eligible for a "Family Entertainment Night" package draw. A BBQ was prepared for the community, with hamburgers, hot dogs, salads, delicious baked beans and featured BBQ bologna, or as it's jokingly referred to by community members, 'Indian round steak'.



Enjoying the festivities!

Ganohkwásra's commitment to Family Violence education was hilariously demonstrated in the Trivia game, 'Fact or Baloney?', played in the Healing Centre by community members. The game was a big hit, with entertaining noise-makers and

a nail biting final round. The other

**THAT'S  
BALONEY!**

captivating activity in the Healing Centre was our 'Baloney Cook-off'. Community members were encouraged to enter their favourite bologna recipe, and a panel of judges would decide the winner. Guest judge 'Berta', from the comedy group 'Bingo Ladies' had the



audience in stitches during the judging. We welcomed three hundred and one people to



Our reigning "Baloney-Fest Cook-Off" Champ!

this fun, family event! Nia:wen to the community for your support and for helping us make "Baloney Fest" a great success!



"Mmmm...baloney!"



Impromptu meeting? (L-R) Alana, Greg & Brody



Of course what's "Baloney Fest" without a few samples? On hand to judge our baloney cook-off was (L-R) Dion, Berta & Conrad

## Elder Abuse Awareness Day June 15

Ganohkwasra encourages open discussion and education around all types of abuse, including with our elders. We co-hosted an information session to acknowledge World Elder Abuse Awareness Day with Six Nations Long Term Care. Education is important because it lets others understand this issue exists and what we can do about it. The day began with an opening address. This was followed by an introduction of what is World Elder Abuse Awareness Day? New Directions then shared information on the impacts the community. The impacts of abuse was also discussed, along with traditional medicines. The day closed with information shared by Six Nations Police and the Long-Term Care program. A delicious lunch was provided as well as various draws. We finished with our closing address to help clear our minds and help us continue with our day. It is with great hope that we host these information sessions, fostering growth and awareness so that positive change can occur in our community.



## Ganohkwasra Fourth Annual Golf Tournament



*Karen Bomberry (2nd fr L) and crew enjoying the day!*

This year's tournament champions were: Daryl Chrisjohn, Troy Antone, Adam Summers and Leonard Riley. Ganohkwasra would like to thank all those who have supported our Golf Tournament, this year and in past years.

Your assistance is appreciated and we have been able to purchase both a playground gym for Gayenawahsra, our transitional housing, and a sports court at our Youth Lodge and Alternative School. This year funds raised went towards the purchase of another vehicle.

The 4th Annual Ganohkwasra Golf tournament was a success again this year with a total of 80 golfers participating. The day was full of sunny skies; a great day for golf! We would like to acknowledge the following sponsors and donators:

### **Platinum Sponsors**

Six Nations Band Council  
KT Gas

### **Gold Sponsors**

Iroqrafts  
Ava Hill  
Erlind's Restaurant  
RBC-Ohsweken Branch

### **Donators**

- \* Townline Variety & Gas
- \* Country Style
- \* Mike Bomberry & Sandy Hill-Bomberry
- \* Brandon Martin
- \* Sunlife Financial
- \* Tiki Loft
- \* Giant Tiger, Hagersville
- \* JDS Embroidery
- \* Dennis Searles GM
- \* Monthill Golf & Country Club



*The Multipurpose sports court at the Youth Lodge.*



*Gayenawahsra's playground gym.*



## Violence, Threat and Risk Assessment Training - Level 2 with Kevin Cameron



### ***Kevin Cameron Biography***

J. Kevin Cameron, M.Sc., R.S.W. is a Diplomat with the American Academy of Experts in Traumatic Stress and a Board Certified Expert in Traumatic

Stress. In concert with the Royal Canadian Mounted Police, Behavioral Sciences Unit, he developed Canada's first comprehensive, multidisciplinary threat assessment training program and currently serves on the Canadian Threat Assessment Training Board. He also trains crisis response teams nationally and internationally and consults with schools and communities impacted by trauma.

Ganohkwasra was pleased to welcome Kevin Cameron back to our community on June 11-12, 2015 for the Level 2 VTRA training. Participants that completed Level 1 with Kevin in 2014 were invited back. These participants represented a cross section of seventeen various organizations within Six Nations and the surrounding area. The success of Level 2 VTRA was dependent on meeting the objectives of Level 1, which were to:

- explore Domestic Violence issues as it pertains to Six Nations and develop community-based initiatives that reduces the incidences of Domestic Violence at Six Nations.
- implement a coordinated, community agency response Committee to address the issues of family violence and violence at Six Nations.
- coordinate Level 1 Violence, Threat, Risk Assessment Training for front line staff in community agencies.

This can be credited to Kevin Cameron who is a dynamic and informative presenter with the ability to discuss difficult material in an informative, direct and sometimes humorous manner. Attendees were captivated by Kevin's ability to

speak their "truth" as many people were coming to the Ganohkwasra table telling us they had situations right now in their schools and agencies where these high risk behaviors were occurring. People were very eager to be a part of the Six Nations High Risk Committee and were open to sharing information that could potentially mitigate and prevent high risk violent situations. The attendees appeared to be open to collaboration, and sharing information. We have had monthly meetings since April, 2014. More information will be released in the near future by the six Nations High Risk Committee Members. This in itself is a huge success for Six Nations!

Our 2-day Level 2 VTRA focused on the specific skills of understanding data analysis and strategic interviewing. Not everyone is meant to do threat assessment interviewing. Some professionals are not good interviewers or have chosen to not take the time to prepare before conducting "the interview" and have contaminated the formal practice of multidisciplinary threat/risk assessment sometimes resulting in false positive and false negative assessments. As such the training also identifies and fine tunes key elements of good strategic interviewing. This requires a deeper understanding of the four typologies of high risk for violence youth and the related strategies for interviewing such. (<http://www.cctatr.com/>)

Once again, we were very fortunate to have Kevin share his expertise on violence, threat and risk assessment. We hope each participant was able to gain valuable skills and knowledge!



## Truth and Reconciliation

For more than 120 years, tens of thousands of Aboriginal children were sent to Indian Residential Schools funded by the federal government and run by the churches. They were taken from their families and communities in order to be stripped of language, cultural identity and traditions. Canada's attempt to wipe out Aboriginal cultures failed. But it left an urgent need for reconciliation between Aboriginal and non-Aboriginal peoples. From May 31-June 3, the Truth & Reconciliation Commission of Canada hosted its closing event to help continue to bring awareness to Canada's injustices with Native people. It is our hope that Truth & Reconciliation report will bring peace to those who had it disrupted due to Canada's assimilation policies. We also acknowledge the government's willingness to bring more education to an important part of Canada's history. May we remember that all leaders of this country need to be included in our thoughts for reconciliation. For more information please refer to [www.trc.ca](http://www.trc.ca).



## "Embrace Her With Love" Benefit Concert

On July 18, Ganohkwasra and the Six Nations community joined together to host a benefit concert to honour our families of Missing and Murdered Indigenous Women. The concert was a great success, drawing about 500 guests throughout the event! The concert was from 5:00pm to 11:00 pm. Gemini award win-



ning actress Michelle Thrush was the MC for the incredible talents of Derek Miller, Murray Porter, Pappy John's Band, Rezz Dawgs, The Healers, Old Mush Singers, The Six Nations Women Singers, Manitou Mkwa, Cam, Red LaForme, Dwayne LaForme, Cheri Maracle, Hot Brown Sugar, Daniel French, Cherie French, Harrison Kennedy, Tom Wilson and Jace Martin. Thank you once again to all organizations and concert donors involved in making this event a success!!

### Embrace Me With Love Shawls For Sale!



Get your limited edition "Embrace Me With Love" shawls at Ganohkwasra, 1781 Chiefswood Rd.  
Artist: Dena Annett.  
Cost \$45

Ganohkwasra acknowledges the strength of each family member who has experienced the tragic loss of a loved one, due to family violence. May Creator forever "Embrace you with love."

## NEWSLETTER

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communityeducation@  
ganohkwasa.ca



### Mission Statement

"To provide, through a non-profit charitable organization, for the stabilization, maintenance, revitalization and enhancement of the family structure in a culturally sensitive manner."

*Ganohkwásra<sup>7</sup> Family  
Assault Support Services*

### Board of Directors

#### Chairperson

Mary Monture

#### Treasurer

Alice Bomberry

#### Member

Michelle Davey

#### Member

Sandra Hill-Bomberry

#### Member

Rebecca Harrison

#### Member

Reva Bomberry

#### Member

Bill Montour

#### Member

Constance Jamieson

Six Nations Council

#### Representative

Melba Thomas

New Credit Council

#### Representative

Cecil Sault

## UPCOMING EVENTS

### #Walk4Change6Nay

This Year's Community  
#Walk4Change6NAY will happen  
on **Saturday September 26 at  
Six Nations Veteran's Park.**

We will continue to focus our efforts on "Being the Change" by demonstrating acts of peace, caring, kindness, respect, sharing and a good mind. It is our hope that this walk can encourage our community to lead by example in making our territory a safe place for all.

We will walk in from the four directions, starting at Ganohkwasa from the North, Jamieson school from the South, Christ Church from the East and the SN Community Hall from the West. Staff Leaders & helpers will be at each location. Upon arrival at your starting location of choice, walkers will receive a Ganohkwasa t-shirt.

The Walk will end at Veterans Park where there will be information booths from various agencies in and around our area. We will also have a free BBQ and some motivational speakers. One of our goals with this event is to reach more people via social media so we were inspired to hold a contest to see if we can create some "buzz" on Twitter. Family violence and abuse of any kind is a serious issue. Those that may be experiencing any form of abuse need access to information so the opportunity for positive change is within their reach. The use of social media is one way that we can promote our services and share the

positive messages of peace, kindness, caring and respect. So, please join us and help spread this light. For every tweet you share using our hashtag on twitter,

### #Walk4Change6NAY

your name will be entered into a draw for a **Playstation4!** Let the world know Ganohkwasa is here, and that our community deserves to be safe! We are worth it. Let's be the change together!

### Twitter Contest Rules

- ⇒ The contest begins on **Monday September 21 at 8:30am and closes on Friday September 25 at 4pm**
- ⇒ Each time you share a tweet using our hashtag  
**#Walk4Change6Nay**  
your name goes into a draw. You are eligible for a maximum of ten entries. The prize will be a PS4.
- ⇒ You **MUST** tag  
**@GanohkwasaGFASS** on each tweet that uses our  
**#Walk4Change6Nay** hashtag in order for it to be counted.
- ⇒ This is a Twitter only contest. Hashtags shared on Facebook will not be counted as valid.
- ⇒ The winner will be drawn at 12:30pm at Six Nations Veterans Park.
- ⇒ You **MUST** be present at the event to claim your prize.
- ⇒ Any questions, or if you are new to twitter but want to join the fun please contact Michelle Thomas at (519) 445-4324.



**Twitter  
Contest..**

**Sept 21-25**

**#walk4change6nay**

**\*Full contest rules at [ganohkwadra.ca](http://ganohkwadra.ca)**



**KEEP CALM  
AND  
WEAR YOUR  
GANOHWASRA  
T-SHIRT!**

**Giving  
Fairness  
Acceptance  
Safety  
Support**

**Be The Change!**



***"Be The Change!"***



Get your FREE  
t-shirt at our  
annual  
#walk4change6nay  
on

**Saturday  
September 26!  
10:30am-1pm**